

# CHANGE YOUR THOUGHTS AND IMPROVE YOUR OUTCOMES

*An update on protocols, products and treatment options*

2.5 to 6 hour course

## DESCRIPTION of COURSE:

Updated protocols assist us in determining our patient's specific needs. As we move towards a more collaborative profession, we need to embrace these updates to identify those needs. We are presented with continuous challenges of new advances in products and technology and their use in dentistry and are in need of information to determine when and how to add them into our armamentaria. As professionals providing health services, our perception of product use along with protocols needs to be discussed with our team as well as the interdisciplinary referrals we have. The process of care (assessment, diagnosis, treatment planning, implementation, evaluation and documentation) requires a comprehension of protocols, products and treatment options and how they are to be utilized.

This course will provide information for the clinicians to be able to:

- Modify diagnosis assistance with the team and rationale for changes in assessment forms and diagnostic tools
- Distinguish which new-to-market products should be brought into your practice
- Integrate materials and products for a variety of uses in the dental office from infection control, dental hygiene therapy, oral cancer screening, patient communication and instrumentation
- Develop effective communication with patients and assist in the business of the dental practice
- Formulate strategies that incorporate efficiency in patient treatment for more productive scheduling

# **NO PAIN, THEIR GAIN**

## *Ergonomics and Effective patient care*

2.5 to 5 hour course

### DESCRIPTION of COURSE:

This course will review ergonomics, increase awareness of repetitive motion problems and how they may be impacted by operatory design, instrument utilization / design / selection, sharpening skills / options and a variety of other issues. A clinician's ability to identify ergonomic issues is directly related to improved patient care.

Detailed information will be offered on a variety of products as well as design options to best allow you to fulfill your requirements in relating to the total health of your patients.

Join us for an opportunity to share, learn and critique all the above, to gather information from your peers, which you can then incorporate into your daily practice routine!

This course will provide information for the clinicians to be able to:

- Design a program to enhance patient treatment while identifying ergonomic needs to provide increased quality of care
- Identify and recognize instruments available to select from for a variety of patient conditions and improved clinical outcomes
- Distinguish habits that lead to repetitive movement which may cause harm to the clinician's instrumentation abilities
- Interpret specifics for care of instruments impacting instrument longevity and accuracy of utilization

# STICK OUT YOUR TONGUE AND SHOW ME WHAT YOU'VE GOT!

*What our bodies tell us about Oral Cancer- the how, what and why*

2 to 4 hour course

## DESCRIPTION of COURSE:

One procedure, which has not changed over time, is the responsibility, as healthcare providers, to perform regular Oral Cancer Screenings. With the increase of interdisciplinary education, we have recognized the need to reach out to those health care professionals to support our efforts to save lives since we all treat and provide care for the same people! Many professionals now benefit from updated information to reinforce which adjunctive devices and tests are new on the market to perform screenings. These new tests and devices have the ability enhance our skills to communicate with patients and staff of the importance of the oral cancer screening process.

As professionals providing health services, we should be at the pulse of clinical devices and appropriate patient care, while being able to recommend product protocols for use in the office.

This course will provide information for the clinicians to be able to:

- Discuss the state of the disease, why the morbidity and mortality rates have not changed in the last 30+ years
- Recognize traditional and new risk factors for oral cancer
- Educate patients and team members that early discovery can result in a 90% success rate
- Embrace new modalities for screening and early discovery
- Organize recording and documentation of the screening process
- Evaluate communication with your patients regarding the screening process and discovered areas for observation or referral
- Modify how referrals are done and recognize proper case management

# IT'S ALL ABOUT SAVING LIVES!

## *Organ transplantation, donation and recipient care*

2 – 3 hour course

### DESCRIPTION of COURSE:

As dental professionals we are able to do something unique to help the thousands of individuals in need of our care. As a specific set of healthcare providers treating this unique group, transplant recipients, it is necessary for us to understand their dental care options and oral hygiene needs.

Organ transplantation and donation has increased tremendously over the last 10 years yet there is still an immense need for understanding the processes of donation, transplantation and recipient care.

Participate in a sharing of organ transplantation and donation information; learn about transplant recipients and their need for specialized dental care. This presentation will offer insight about the 'how to's' of not only dental care for organ recipients but also communication with their families. We will also share insight on how to be a donor; understand that process and how to aid in sharing the message with your patients and colleagues on how to ~ Save Lives!

Sharing life's experiences is a fabulous way to learn!

This course will provide information for the clinicians to be able to:

- Recognize the need for specialized care for transplant recipients
- Develop protocols for patient's dental needs based on medications and oral complications
- Appreciate and understand organ donation processes
- Communicate with patients and family to share the need for registration

# CLEARING THE FOG ABOUT VAPING

*What are the facts and What do we do with them?*

2-3 hour course

## DESCRIPTION of COURSE:

In today's world there are certain habits that are accepted as being cool, Vaping is now one of those. We often hear of youth participating in vaping "just to try" and not realizing the addictive side nor the physical complications involved.

This course reviews the habit of vaping itself, laws that regulate it's use, consequences of vaping and much, much more. An enlightening, eye opening discussion of what is going on with our patients and the oral as well as physical health issues involved.

This course will provide information for the clinicians to be able to:

- Generate a basic understanding of Vaping and e cigarettes
- Implement new techniques for proper patient assessment of vaping use
- Recognize oral and systemic signs and symptoms of vaping
- Propose solutions to cessation of vaping

# **YOU CAN'T SEE IT BUT YOU KNOW IT'S THERE!**

## *COVID-19 Aerosols*

*2 to 3 hour course*

### DESCRIPTION of COURSE:

With the corona virus pandemic dramatically impacting all aspects of dentistry, we must be confident in our aerosol capturing methods, infection prevention, employee and patient safety and personal protective equipment choices. This tragic worldwide event has impacted dentistry in a very unique way as we are on the frontline of constantly dealing with aerosols. What should we do? What is mandated? How do we find the right products? These items will be discussed, and resources shared for you to establish with your team and inspiring your “New Normal”.

This course will provide information for the clinicians to be able to:

- Modify current PPE used in patient care
- Distinguish which newly recommended products should be brought into your practice
- Integrate materials, systems and products on infection prevention and aerosol containment
- Develop effective communication with patients and assist in their education of the changes due to covid-19

# INFECTION PREVENTION – CLOSE TO PERFECTION

## *What's required for regulation compliance*

2-3 hour course

### DESCRIPTION of COURSE:

This course, which can be specifically tailored to a state or province, will provide current information and guidelines for safe treatment of patients and protection of dental professionals.

Infection Control recommendations and guidelines from OSAP, IPAC, CDC and various state as well as provincial resources will be presented and discussed. Infection control review with the office team aids in follow through in the office on a day-to-day basis as well as development of office systems.

Each participant will leave with a wealth of references to utilize in the establishment of office protocols. Let's talk about what the recommendations / guidelines advise should be done then evaluate what we are currently doing!

This course will provide information for the clinicians to be able to:

- Recognize the specific requirements and how they can be incorporated into every day practice
- Differentiate the guidelines for various sterilization process; hand washing and patient protection
- Demonstrate effective cleaning and disinfectant techniques in the operatory
- Distinguish what changes are necessary in your office setting

Currently prepared for:

United States –

California

New York

Pennsylvania

Minnesota

New Hampshire

South Carolina

Nevada

North Carolina

Texas

Canada –

British Columbia

Ontario

# WHAT'S NEW AND WHAT'S TO REVIEW

## *~ Dental Hygienists and Local Anesthesia*

3 hour course

### **DESCRIPTION of COURSE:**

Over time, as dental hygienists are now allowed to provide local anesthesia, a much wider selection of product options have become available. These are allowing us to provide a comfortable therapeutic appointment for our patients / clients. This course is tailored for Dental Hygienists who have been providing local anesthesia in their normal scope of practice to review delivery systems, local anesthetics, topical anesthetics, etc.

This course will discuss examples of communicating with your patients on the new delivery systems as well as changes in product selection with your employer and patients / clients. The integration of local anesthesia impacts not only the patient and the dental hygienist, but the entire team, all in a very good way!

### **Participants will be able to:**

- Differentiate the use of pain control during dental hygiene procedures for effective, thorough patient care
- Communicate with team members / patients on new delivery systems and anesthetics
- Integrate armamentarium and proper materials selection which best suit their patients' needs
- Categorize options of anesthetics
- Assess patient evaluation



# **CALIFORNIA DENTAL PRACTICE ACT AND YOU!**

## *Mandatory Practice information for yourself and your team!*

2 hour course

### DESCRIPTION of COURSE:

This course will provide an overview of the California Dental Practice Act and will discuss current changes in the law, risk management, and infection control issues. It will keep you and your staff up-to-date with regulations affecting your practice.

This course meets the mandatory course requirement by the DHBC and DBC.

### **Course Content:**

- Scope of Practice
- Requirements for renewal of a license
- Use of auxiliaries in a dental practice
- Laws governing the prescribing of drugs
- Acts in violation of the Dental Practice Act
- Dental Board Enforcement Program
- Pending regulations

**CA** – *“Effective with the 2004-05 renewal cycle in California and every renewal cycle thereafter, as a condition of renewal, licensees will be required to complete continuing education units in each of the following subjects: Infection Control and California Dental Practice Act Update and Review. All dental licentiates are required to complete two units for each topic each renewal cycle. The mandatory units will count towards the total units required to renew a license, however, failure to complete the mandatory courses will result in non-renewal of a license. The course in infection control shall be consistent with the Board regulations on infection control. The course in California Dental Practice Act shall include, but not be limited to, instruction on: the scope of practice, requirement for renewal of license, use of auxiliaries in a dental practice, laws governing the prescribing of drugs, acts in violation, and all pending regulatory changes of the Dental Practice Act. The information will be provided based on 1016A of Business and Professions code.”*

*\*Any required course in Infection Control or the Dental Practice Act taken on or after July 1, 2017, must be a DHBC/DBC-approved course in Infection Control or California Dental Practice Act. Otherwise, those CE hours will not be accepted toward your license renewal. [www.dhbc.ca.gov](http://www.dhbc.ca.gov)*

*\*\*As of January 1, 2017 any presentation on these topics for CA license renewal presented by Tricia Osuna, RDH, BSDH, FAADH has been submitted and approved by the DHBC/DBC prior to presentation.*

# **PUT THE BRAKE ON ACHES**

*Ergonomic considerations for a healthier career*  
(Hands on workshop – limited number attendees)

2 to 3 hour course

## DESCRIPTION of COURSE:

During our careers many of us have questioned the changes of products and the inclusion of new technologies into our clinical days. Every year there are new, innovative products to assist us with our delivery of dental hygiene therapy while we are required to stay on schedule and perform at the highest level for patient care.

This hands-on course will allow you to try new ergonomic products, understand the what/when/how for their use and provide you with the tools to integrate them into your daily practice.

This course will provide information for the clinicians to be able to:

- Identify ergonomic issues affecting dental clinicians and how to identify them
- Discuss and practice with magnification, illumination and other ergonomic tools to determine use, need and integration into your clinical setting
- Formulate options for integration into dental hygiene treatment to assist your delivery of dental hygiene therapy
- Implement techniques to reduce ergonomic issues and increase patient care



## Enhance your patient's experience with innovative NEW Products!

Beginning **January 5, 2021** Tricia Osuna will moderate **New Dental Product Launch** webinars sharing education on **NEW** product launches directly from the manufacturers! These webinars will replace the live product panels which Tricia has moderated at numerous dental education meetings for many years.

With everyone's schedules being adjusted and not able to attend live events **you do not want to miss this!** Companies will educate on their new, cool, innovative products to incorporate into our practices.

# TUESDAY

Join in on the first Tuesday of each month for *Tuesdays with Tricia!*  
(Some months we may have more than one webinar featuring **DIFFERENT** products in each!)

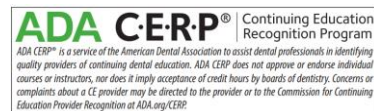
**Be sure to observe the Seminar #!**

Feel free to share this registration and information link with your colleagues, employers, etc.

**Register Here:**

<https://goldmandentalmanagement.com/tuesdays-with-tricia/>

CE certification in conjunction with



[TuesdayswithTricia@gmail.com](mailto:TuesdayswithTricia@gmail.com)

[www.TuesdayswithTricia.com](http://www.TuesdayswithTricia.com)

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## NEW PRODUCTS PRESENTATION PANEL ~

### *New Product launches!*

2 to 3 hour course  
(Offered ONLY at dental conventions)

*This course provides the participants to hear the cutting-edge information directly from the Manufacturer on their New Product launches since last year's convention.*

A more recent concept in education utilizing a panel of company representatives. Marketing of products and research is offered in an educational presentation however guidelines are set to not allow for comparison to other products nor pricing in the presentations. The objective is to drive attendees to exhibitor booths for additional information on what they have learned in the panel presentations.

The pace is fast, the information extremely valuable while respecting the time involved by attendees.

How is this type of presentation organized?

There are two options to organize this panel:

*\*Only companies that have booked exhibit space are invited to participate at an additional panel participation fee.*

- 1) All presentation time slots are sold by Association and paid directly to Association.

- 2) Moderator organizes all companies and ensures each has purchased an exhibit booth at the meeting. All presentation time slots are sold by Moderator and paid directly to Moderator.

How does this benefit the attendees?

- Information shared directly from manufacturers on products launched since your last convention. Attendees hear of techniques/research in 10-minute segments by each presenter.

How is this scheduled?

- Two to three hour minimum course length

It is possible to offer specific topic related presentations such as: Preventive/Infection Control and Restorative / Whitening

*These presentations have been extremely well received and are very well attended!*



## Speaker Introduction:

Tricia Osuna, RDH, BSDH, FAADH

is a University of Southern California graduate, Past President and Fellow of the American Academy of Dental Hygiene and Past President of the California Dental Hygienists' Association.

In June of 2021 Tricia will celebrate 43 years as a dental hygienist and shares her experience with her audiences. Her lengthy background in clinical practice along with education has offered her the opportunity to share real-life clinical experiences in her courses for over 28 years.

Tricia presents on topics such as new products, infection control, ergonomics, oral cancer, organ donation and recipient patient care, vaping and more!

She has been extremely involved in leadership in her profession for her entire career as an enthusiastic lifelong CDHA and ADHA member and a dedicated advocate for advancing the profession. She was appointed to the Dental Board of California in 2002 for a four-year term. Tricia is the 2015 recipient of the American Dental Hygienists' Association *Alfred C. Fones Award* for her dedication to leadership. Also recognized for her many efforts and contributions to the Dental Hygiene profession, Tricia has received several awards including the CDHA's *President's Recognition Award*, the ADHA *Bausch and Lomb Distinctions in Dental Hygiene Award* and the ADHA *Distinguished Service Award*.

Tricia has authored numerous articles on a variety of topics such as: Empowering Dental Hygienists / Magnification / Xerostomia / Digital Radiography / Ergonomics / The use of Safety Syringes / Handpiece Selection Criteria / Intra Oral Cameras / Amalgam Separators / Local Anesthetic Reversal Agents /and many others. She authored as a chapter in the book, *Demystifying Smiles*, on fluoride utilization.

An author, clinician, educator, consultant, international presenter, mentor and business owner her passion for dental hygiene radiates in her presentations!

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